Arizona Foothills
tucson
STYLE
SUBSTANCE
SOPHISTICATION
YOUR BEST YOU NOW
Wellness & Healing: 4 Ways
TUCSON'S BIOSCIENCE BREAKTHROUGHS
GET FIT (OUTSIDE THE GYM)
SAM FOX SHARES HIS SECRETS TO SUCCESS

Cover

Twelfth Street by Cynthia Vincent peacock deep V-neck silk tank (worn backwards), $165. **Twelfth Street by Cynthia Vincent** white linen wide-leg trousers, $250. Avenue Boutique, 6536 E. Tanque Verde Rd., 520.886.3818. **L.A.M.B.** Daisy patent pumps with black stitching, $285. Stems a Shoe Boutique, 4340 N. Campbell Ave., 520.615.1404. Moonlight Infused Jewelry clear quartz crystal necklace, $70. Moonlight Infused Jewelry quartz crystal mala bead necklace with crystal pendant, $60 (pendant additional). www.moonlightinfusions.com. Photographed by Werner Segarra. Hair/Makeup by Diane Aiello, assisted by Ellen Laux. Location: Loft 19 Studios. Model: Nous Model Management.